

Lavey Community Support Group



Lavey Parish



**Saint Vincent
De Paul**



**Termoneeny
Community
Association**



**Erins Own
Lavey GAC**

With the spread of **Coronavirus (Covid 19)** happening throughout the country, so too is the heightening concern of many who may be worried of what the coming period may mean to them and how it may affect their lives.

Lavey Community has always been about looking out and caring for one another and especially in a time of need. Under the present circumstances, particularly for the elderly or those who may be unable to leave their own homes, we could be entering a period of significant apprehension and worry. Lavey community is only too willing to rally around and provide support in these extraordinary times of need.

The **Lavey Community Support Group** have established a team of volunteers comprised from members of the Parish Community organisations who will be available to provide assistance in whatever way they can for those isolated in their own homes as a result of the coronavirus. (Prioritisation will be given to people over 65 years)

Eg shopping, collecting prescriptions etc or simply just for someone to chat to.

#communitysupport

So please do not hesitate to call any of our volunteers listed on the numbers overleaf;

Lavey Community Support Volunteers

Sean Mc Peake 077 9988 8805

Paddy Chivers 077 5963 4926

Michael Murphy 077 6421 1687

Seán Convery 077 133 33152

Susan Duggan 075 4150 8544

Phelim Mulholland 078 4513 8788

Fergal Mc Nally 077 5356 6081

Winnie Mc Peake 075 4373 3506

Olive Rafferty 077 6987 8406

Mary Mc Gurk 079 6466 0124

Fr Eamon Graham 028 796 4 2458

Mary Toner 075 2304 8545

Cathy Mc Garvey 077 9609 5700

Bernie Henry 079 68224 5145

Owen Mc Nally 078 1282 2438

Cathal O Loane 077 6342 0226

Helen O Neill 079 2909 1403

Claire Scullion 079 6874 5246

Brian Óg Boyle 079 8996 5015

Joe Mc Gurk 079 7799 5815

Maurice Diamond 077 1150 4821

**SPECIFIC HEALTH AND ADVICE INFORMATION IS AVAILABLE
THROUGH PUBLIC HEALTH AGENCY** (website link below)

www.publichealth.hscni.net/news/covid-19-coronavirus#advice-for-home-isolation

If you have a high temperature and/or a persistent cough **stay at home for seven days. Do not go to your GP surgery, pharmacy or hospital.**

Call your GP if:

- you feel you cannot cope with your symptoms at home;
- your conditions get worse;
- your symptoms do not get better after seven days.

If it is a medical emergency and you need to call an ambulance, dial 999 and inform the operator of your symptoms. Like seasonal flu, the same public health advice applies for COVID-19 (Coronavirus): if you cough or sneeze, use a tissue to cover your mouth and nose, throw it away carefully after use, and wash your hands. Once flu and similar infectious viruses begin to spread, the main method that can prevent further spread, is good personal hygiene. Washing your hands regularly will help prevent flu and other viruses spreading.